



My Student Support Program

Tailored support for study abroad and international students



Being a Student can be Stressful

The My Student Support Program is designed to help international students face the challenges of balancing school, adjusting to a new culture and adapting to their other responsibilities.

Help is available from a network of qualified professionals.

Morneau Shepell's International Student Support Advisors can help anytime, anywhere with:

- Adapting to new cultures
- Being successful at school
- Relationships with friends and family
- Stress, sadness, loneliness and more

Students can connect with an Advisor who:

- Speaks their language
- Understands their culture
- Keeps their information confidential
- Is available 24/7 and at no cost to the student

Access support:

- By mobile and web chat
- Over the phone
- Through video

Contact Morneau Shepell 24/7

- Download the free **My SSP app** from your device's app store today



- Visit **us.myissp.com**
- Call **1-866-743-7732**
- If calling from outside North America:
001-416-380-6578