DESCRIPTIONS OF CURRENT COMMUNITY SERVICE INTERNSHIPS

Site: Beacon House

Student Fellow: Jenna Krawze  
jkrawze@nmu.edu  920-619-1354

Site Advisor: Mary Tavernini Dowling  
906-225-7100

Description of Internship: Planning for the Golf Outing and the Walt Kyle Mile.

Successes and Disappointments: I loved it all. I will continue to volunteer at Beacon House.

Time Commitment: Time intensive in the weeks leading up to the events.

Continuation: Case by case. Mary and her team typically retain volunteers year to year, so I would contact her if she would need the help next year.

Site: Boys and Girls Club of Greater Cincinnati-Covington Club

Student Fellow: Brook Adams  
broadams@nmu.edu  517-677-8332

Site Advisor: Justin Rogers  
jrogers@bggcc.org  859-431-5346

Description of Internship: I worked as a gym teacher at the club. I was leading new games daily with groups from ages 6-16. The club let me come on as an unpaid staff member; therefore I worked full time (7-8 hours a day). I completed the internship over the summer which allowed me to volunteer that often. Other than being in the gym or outside leading activities I also helped serve lunch and played with the kids on their free time (playing pool, playing “kitchen” or other such games with the younger groups, card games, etc.).

Successes and Disappointments: It was a great success that I was able to complete my internship so far away from home. I wanted to explore somewhere new and Cincinnati just happened to be the perfect fit. I had great communication with Justin Rogers which allowed me to feel very comfortable in and around the club and Cincinnati area.

Time Commitment: I was technically considered a volunteer staff member. I worked for a little over a month (late May to early July) every day for 7-8 hours.

Continuation: The project is definitely able to be picked up by someone who is interested. I would suggest having family or friends in the Cincinnati area, that way you don’t need to find/pay a lot for housing. I had a blast with this project and I believe anyone who likes leading kids and playing sports would find it extremely rewarding.

Other Comments: See above for housing comment. Also, be sure to contact Justin Rogers soon, as I did need to formally apply and there was a short two-day training with the other staff members in late May.
Site: Camp Greene Wood-University Center

Student Fellow: Lauren Somogyi  lsomogyi@nmu.edu  630-484-0218

Site Advisor: Jill Rady and TJ Latto  855-456-8347

Description of Internship: For my internship, I am a co-leader for a local Girl Scout troop. I help lead weekly meetings and go to monthly leader meetings in downtown Marquette. Many of the projects that I have worked on have been putting on events with Campus Girl Scouts for the local Girl Scout troops. It is important that we put on events that will be fun for the girls, but also include educational portions. During a typical day at my site, I would meet with our troop at the University Center and help lead an hour long meeting. At these meetings, the activities that we do range from playing fun games to earning Girl Scout badges. It is really important that during these meetings, we help guide the girl in our troop to plan some of the things she wants to do while helping suggest activities.

For the second portion of my internship, I worked on updating a nature house, called the Mouse House, at my local Girl Scout Summer Camp. I spent hours cleaning the entire place, including the floors, walls, and shelves. I also went through and put all the nature artifacts in new, clean plastic bags. I filled the dry-erase walls with fun pictures, with the help of one of my friends, and added educational facts to go along with the pictures. I also put together some information and games to include in the Mouse House for other counselors at camp to utilize with their campers.

Successes and Disappointments: One of the activities that have been successful have been planning and putting on a council wide event called Let’s Play with the Campus Girl Scouts. We had to spend time planning what badges we wanted the girls to earn, coming up with the materials we would need for the materials, a timeline how long each activity would take, and an overall plan for the day. It ended up being a success and we had over 70 girls show up to our event. The girls had a great time and they loved doing all the activities we had planned for them.

Of course with the successes, there have been some challenging aspects. One of them has been that we have had only one girl in our troop. The age level of our troop is in 7th grade, middle school, and that is one of the age levels where there is a decline in Girl Scout population. This is caused from many reasons, such as popularity among peers, other commitments with after school activities, and homework. At the end of last semester, our one girl mentioned that a few of her friends from school were interested in joining the troop. Hopefully, the other girls can join! I think it would enhance the one girl’s experience that is already in the troop to have other girls her age.

The successes of this part of my internship included the reopening of the Mouse House for camp purposes and the ability for the campers to go inside the house. All the girls at camp love going there and find the artifacts to be fascinating. It is important for me to continue incorporating nature aspects at camp. I want to make sure that the girls are able to have the option to nature activities.

Time Commitment: My internship mostly meets the same time every week. I meet with the Girl Scout troop once a week for an hour. I also meet with Campus Girl Scouts that meets for another hour. My other time commitments include a monthly meeting downtown at the Children’s Museum. That is usually around two hours, depending on what is being covered at
that meeting. There are also other hours that I put in that include events we host or attend, planning for the meetings, and trainings.

The time factor included me spending some of my weekends and afternoons after camp at the site. There never was a set time for me to work on this site; it depended on when I had access to the site. I also could only work on this during the summer because it is located back in my hometown. I do work on some of the material that I will be taking back to the Mouse House during the school year. I think it is important to have new material in the house and try to make it more interactive.

**Continuation:** My internship will be continuing this year. I will continue doing the same things this semester as I did for last semester. My internship continues for the duration of the school year. I made a commitment to the troop that I will be here for the entire duration of the school year. This part of my internship will continue this semester, but not as intensively as the other part of my internship.

**Other Comments:** The only issue that I have is meeting the 100 hours, but I believe that I will end up reaching the hours!

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**Site:** Camp New Day U.P.

**Student Fellow:** Josh Swedlund  
**Student Fellow Email:** jswedlun@nmu.edu  
**Student Fellow Phone:** 608-247-4094

**Site Advisor:** Gene Champagne  
**Site Advisor Email:** champagne.gene@gmail.com  
**Site Advisor Phone:** 906-250-2140

**Description of Internship:** My internship for camp new day involved me working on the board of directors as a creative consultant as well as working as a camp counselor at the camp during last summer, which was a week long. While on the board I helped come up with ideas regarding what to do during extra free time, what to do if there’s a rain date, worked towards getting the campers more freedom of choice while also working towards getting the counselors and staff more break times. On a typical day at camp we eat three meals a day and have a snack, we have outdoor activities such as swimming or kickball and we have “choice time” where the campers get an option twice a day to choose from three activities or more. On some days I would lead the “drawing with Josh” portion of choice time.

**Successes and Disappointments:** I would overall call my internship this past summer as a success. My main success was seeing the camp improve from two summers ago to this summer. Every level of the camp was happier from the campers to the top of the staff. I believe a lot of that came down to simple decisions that had to be made during the fall as a lead up to the camp itself. My biggest disappointments included not being able to make it to as many board meetings as I would have liked to, and not properly running the Facebook site for Camp New Day as well as I could have.

**Time Commitment:** For Camp New Day, the Board of Directors would meet once a month on a Monday afternoon/night to discuss finances, plans for camp, campers in general, and other discussions. Most of the hours put in actually came during the week during the summer where I would be a camp counselor. Slow times would be leading up to camp, where the finale and climax would certainly be the camp itself. However, you need both the slow times and the peak
times to find true success. Time commitment really comes down to making it to as many meetings as possible, and being free for the week in the summer (most important part).

Continuation: I highly recommend this internship to continue. One of the things I have yet to mention is the Board of Directors is in dire need of youth or younger leadership. The average age of the Board (minus myself) is probably 65 years old. In order for Camp New Day to continue in the future, young leaders will eventually have to take the reins and take over for this camp. This is also the perfect CSI for those who want to finish their CSI over the summer.

Other Comments: The biggest issue I see would involve the health of the Board of Directors (youth highly needed) as well as their retirement plans. As long as the Board of Directors continue to function then the Camp will stay open and offer an excellent opportunity for leadership growth and challenges for anyone who is willing to sacrifice their time for those in need of a “normal” camp experience. Also this position takes a lot of patience as most of the campers are not use to following “rules” or behaving appropriately due to their lack of stability in their home life. This is a fantastic opportunity for social work majors as well.

Site: Camp STAR, Bay Cliff Health Camp

Student Fellow: Amber Barnum  ambarnum@nmu.edu  231-675-6000

Site Advisor: Martha Process  upcampstar@gmail.com  906-458-8983

Description of Internship: My internship happened mainly over the summer of 2014. It was a camp for kids who have experienced the loss of a loved one. It was a three day long camp for them where we did typical camp activities but also incorporated ways to remember and cherish their loved one. In addition we have met up once a month just to touch base with the kids and talk about how they are doing and mention grief and how to handle it. There hasn’t been a project that we really worked on.

Successes and Disappointments: The success of my internship this year is just how wonderful my buddy that I worked with at camp was. I have never met such a strong and wonderful eleven year old. She has been through more in her life, than I have in mine. The whole camp was a success to me. The only disappointment I have experienced was that I have not been able to make the monthly meetings due to prior obligations.

Time Commitment: My internship took place mainly over the summer, so that three days that we spent with the kids were the peak times. We have been meeting once a month and it’s a good time! It doesn’t take up much time, but it’s making sure that I am available to make it that tends to be tough.

Continuation: I plan to continue my internship into the next year. I need to attend the meetings and there might be a winter camp coming for the kids.
Site: Camp Star/U.P. Children’s Bereavement Network  
Student Fellow: Sydney Landers  sylander@nmu.edu  906-235-0544  
Site Advisor: Martha Process  upcampstar@gmail.com  906-458-8983  

Description of Internship: Help organize, interview and plan all aspects of Camp Star volunteer training as well as Camp Star programming.

Site: Camp Star/U.P. Children’s Bereavement Network  
Student Fellow: Grace Orstad  gorstad@nmu.edu  612-751-5014  
Site Advisor: Martha Process  upcampstar@gmail.com  906-458-8983  

Description of Internship: I was a counselor at the children's bereavement camp, Camp STAR. I also help plan and run monthly reunions for the campers. I don't really have a typical day, but the reunions take place at the Children's Museum and we spend time just chatting about life and then spend some time talking about the grief process and our loved ones.

Successes and Disappointments: Camp itself was very successful and moving and meaningful. It has been hard to get the remaining hours because there are really only 2 people that plan the reunions and they don't need a lot of help besides at the actual events.

Time Commitment: It required 4 days at camp in the first weekend of August, and now about 5 hours on the second Friday of every month. It is kind of a struggle to actually get 100 hours.

Continuation: I would not recommend that this is an internship that be continued. It is very difficult to get 100 hours. Camp STAR is always looking for volunteers and was a super rewarding experience that I would recommend for people to do, but as an internship past camp it has been a struggle.

Site: Charlotte Community Garden and Various Locations  
Student Fellow: Shelby Lamb  slamb@nmu.edu  517-652-1029  
Site Advisor: Dave Edington  dave.edington05@gmail.com  517-507-6448  

Description of Internship: I worked at a community garden and also did landscaping for senior citizens and retired people. At the community garden, I planted vegetables, weeding and watering. At the various other sites, I mowed lawns, laid mulch, watered flowers, and nurtured plants.
**Successes and Disappointments:** The community garden did not require as much work as I was hoping for, but I enjoyed gardening at various peoples’ homes. That way I was able to build relationships with a lot of people.

**Time Commitment:** I volunteered about the same amount each week. I volunteered mostly on the weekends, but my internship did not really require any specific days.

**Continuation:** I believe it could be continued, but it is kind of an individual responsibility to make connections and find work.

**Other Comments:** There are not many issues other than the fact that if someone at NMU wants to continue the project, it would be more of a continuation of the idea in another location because I doubt anyone else is from Charlotte, Michigan.

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**Site:** Cystic Fibrosis Foundation/Berry Events Center

**Student Fellow:** Kelsey Springstroh  
**Email:** kspring@nmu.edu  
**Phone:** 920-450-4090

**Site Advisor:** Wanda Taylor  
**Email:** Wilson-nc@cff.org  
**Phone:** 800-682-6858

**Description of Internship:** My Internship is complete but when I was working on it, each day was different. Some days I would have to collect donations, plan the exact walking path, or trying to spread the word of the walk to students.

**Successes and Disappointments:** The success that I have received from my CSI were the different families and children that had Cystic Fibrosis that I was able to meet. I also was very happy on the amount of donations we were able to give to the Foundation. The only disappointment that I had was the lack of interest in the walk and the lack of people that came.

**Time Commitment:** My internship required me to spend a lot of time in Marquette trying to get everything put together. I worked on my internship when I had time to work on it. I never specifically set a time for me to spend on the CSI mainly because of my work schedule. My main peak times were when students and parents were in town. The slower times were times that I had to fill out paperwork and wait for permits to come from the city to continue my planning.

**Continuation:** My CSI is being continued next year by a premed student who helped me this year. I started this walk two years ago and since next year I will not have as much time as I did, I have offered to help any way I can but I am no longer heading my CSI. This project would be great for anyone who is staying up here during the summer because that is when most of the work needs to be completed.

**Other Comments:** If anyone is interested in this internship, it is very helpful if that person is staying in Marquette. The student I worked with last year would be more than willing to have more people help. If you dedicate yourself to this walk, one hundred hours will be very easy to obtain and the walk is over before the end of September usually.
Site: DiveOne MN-Scuba Diving: Female Chaperon/Social Media Intern

Student Fellow: Brooke Linn  blinn@nmu.edu  763-354-9117
Site Advisor: Bill Schmidt/Rick Nelson  DiveOneMN@gmail.com  612-807-8685

Description of Internship: Female chaperon overlooking high school students while scuba diving, as well as the social media intern for the company.

Site: Environmental Education Event - NMU

Student Fellow: Melissa Orzechowski  morzecho@nmu.edu  616-719-9531
Site Advisor: Dr. Jessica Thompson  jessitho@nmu.edu  906-227-1057

Description of Internship: Educate a group of local children about environmental topics and what they can do. Engage children in ways that interest them, such as through games and projects.

Site: The Great Lakes Center for Youth Development

Student Fellow: Sara Hujar  shujar@nmu.edu  607-242-1744
Site Advisor: Victoria Leonhardt  vleonhardt@glcyd.org  906-228-8919

Description of Internship: Marketing and public relations for The Great Lakes Center for Youth Development.

Site: Gwinn High School

Student Fellow: Alisha Arnsparger  aarnspar@nmu.edu  906-458-8988
Site Advisor: Dave Dagenais  ddagenai@gwinn.k12.mi.us  906-346-9283

Description of Internship: I have been working with the GHS Drama Club on their fall play (Papa’s Angels) and now their spring musical (Once Upon a Mattress). For the fall play, I was generally an assistant to Dave (the producer) and student director, GHS Senior, Ben. I assisted in running rehearsals, blocking the show, monologue work, and stage management. As the musical is in pre-production, I’ve helped with auditions/callbacks and creating the cast list. I will be taking more of an assistant director position for this show.
A typical day consists of attending rehearsal and blocking/working scenes from the show. We will spend the next two weeks learning music, and the next two months in blocking rehearsal. Choreography will be added, then tech (lights, sound, props) and costumes. Working with Dave, we will put together a production calendar to map the dates and time table of production. By mid-March, we will be into the run of the show!

**Successes and Disappointments**: Seeing the fall play from start to finish was a huge success, for myself and the cast. I learned so much about putting a show together from behind the scenes and all that goes into it. Working with the cast, I saw incredible amounts of growth in each of them on and off stage. It was incredibly rewarding to see the changes made, that I had a hand in making happen.

As for disappointments, they were few and far between. Any problems we had, we all tried to fix and learn from. The kids in the cast were between 12 and 18 years old, but showed a lot of maturity when it came to their performance and making it the best they could.

**Time Commitment**: This CSI specifically is a time commitment due to the commute to Gwinn. The drive is only 20 minutes, but it is a financial factor with gas and such included. GHS is my alma mater and my parents live there, so it wasn’t a problem to go “home” a few times a week. I attended rehearsal 3 days a week from 3:30-5:00 pm, as my schedule allowed. The rehearsals went longer and a few weekend rehearsals were added in as we got closer to the run of the show. For the fall play, I was able to log about 60 hours for my CSI and I expect to do the same for the musical.

**Continuation**: I am the second SLFP intern Dave has had participate with his drama program (the first being Bill Dignite in 2005). Given that other interns have a good understanding of theatre and the production process, the internship could very well be continued into years to come. I have loved being able to work with Dave and the cast. Being able to give back to the program where I started and grew so much has been absolutely rewarding. I’d really like to see a future SLFP student continue to lend a hand to the GHS Drama Club.

**Other Concerns**: The biggest commitment to this internship is time and gas! It’s been an incredible hands-on learning opportunity and I encourage others to participate.

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**Site**: Huancayo, Peru

**Student Fellow**: Casey Ross  
[caross@nmu.edu](mailto:caross@nmu.edu)  
989-798-8599

**Site Advisor**: Danel Trisi  
[missions@fimrc.org](mailto:missions@fimrc.org)  
888-211-8575

**Description of Internship**: I volunteered in Huancayo and La Merced, Peru with the Foundation of International Medical Relief for Children (FIMRC). I was there with their Summer International Health Fellowship which allowed me to be there for 4 weeks. The days
varied but a majority of the time we came up with different health campaigns. One of the more memorable days we built a playground for children in an indigenous community!

**Successes and Disappointments:** We had many successful health campaigns but we also had some unsuccessful ones where we anticipated more adults or we were lacking Spanish speakers to help things run more smoothly.

**Time Commitment:** My internship required me to spend the entire month of July in Peru. The great thing about FIMRC is that they are very flexible in the length of time, time of year and even the location you want to volunteer.

**Continuation:** Due to working with FIMRC the project is somewhat able to be continued. There is always need for volunteers and the types of projects will depend on the needs of the area.

**Other Comments:** A consideration is the cost, but they have many opportunities to fundraise. It may be expensive, but the difference you will make and the impact it will have on your life, it is well worth it.

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**Site:** Immerse Homeschool Program

**Student Fellow:** Amelia Richards  
[americha@nmu.edu](mailto:americha@nmu.edu)  
616-481-6327

**Site Advisor:** Sarah Bixby  
[moibixby@gmail.com](mailto:moibixby@gmail.com)  
906-250-2090

**Description of Internship:** My role is a student teacher of sorts at a local homeschool enrichment program. I took on the responsibility of designing a curriculum for two months of their program. Four lesson plans were developed around a core concept for the month. We meet once a week and normally I act as a teacher’s aide helping where I’m needed. If I have a skill to offer or would like to teach the kids something or lead a specific activity, all I have to do is ask before class time and I am generally granted that opportunity. This is a great experience in teaching and designing lesson plans for informal education.

**Successes and Disappointments:** There have been many successes. I enjoy the variety of subjects that we cover and the many hands-on and artistic activities. All of the kids are great and it’s been fun getting to know them over the past few months. Any disappointments were based on my own shortcomings of program design during the month I was responsible for. Sometimes the kids didn’t enjoy an activity as much as I had hoped or perhaps they didn’t seem to learn what I wanted them to for the day. All were just part of the learning process in designing my own programs and curriculum.

**Time Commitment:** Immerse meets every Thursday from 1:00-3:00 p.m. I am generally there from 12:30-3:30 p.m. Once a month or so I meet with the directors (who are the other instructors) and we touch base on what is expected to happen each month (locations, subjects of study, special events, guest instructors, etc.) I worked on my program design and curriculum in
my own free time. I also have helped Sarah begin a website for Immerse during times that happened to work for both of us.

**Continuation:** Yes! Yes! Yes! I would love for someone who is interested in working with kids (7-13) to take over for me next year. While I will continue to be involved in some capacity, I’m just not sure if I’ll be able to commit to designing two month’s-worth of material again or even to be there every week (depending on my class schedule). Sarah is an excellent person to work with and is extremely open to any new ideas and help for next year. Immerse is based in connecting science and art so really any expertise in either of those areas would be greatly valued. We’ve done everything from working with fibers (knitting and felting) to learning about DNA and cell structure. Locations are anywhere in Marquette, most often at Moosewood Nature Center, Peter White Library, or in the West Science Building of NMU.

**Other Concerns:** I know that Sarah is very interested in finding someone to fill my role for next year and would be very willing to work with any student on integrating their interests and helping them design a program especially if they have a subject in mind already. This would really be a great experience for almost any major to apply what they’ve learned in college to teaching the local youth. It could also be a way to explore and share a hobby or skill. I’d be happy to meet with anyone that is interested and they are welcome to attend a session of Immerse and help out for a day or even part of the time to see if they would fit well with the program.

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**Site:** Lake Superior Village YMCA

**Student Fellow:** Rachel Eckert  
  reckert@nmu.edu  
  586-216-2261

**Site Advisor:** Ben Platt  
  bplatt@ymcamqt.org  
  906-228-3771

**Description of Internship:** Using PR to help increase the number attending Lake Superior Village YMCA.

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**Site:** Lake Superior Youth Theatre

**Student Fellow:** Natalie Berger  
  nberger@nmu.edu  
  248-635-1337

**Site Advisor:** Nikke Nason  
  nikkearts@gmail.com  
  906-362-6453

**Description of Internship:** Staging director for Lake Superior Youth Theatre
Site: Managua, Nicaragua

Student Fellow: Abby Roberts  
Email: abrobert@nmu.edu  
Phone: 248-872-4886

CSI Advisor: Elizabeth Smith  
Email: elfsmith@ccnn.org.ni
Alana Frick  
Email: alana.frick@gmail.com

Description of Internship: I have already completed my CSI. However during my CSI, I helped with day to day activities in both locations. I also created three different programs that helped on the focus of my CSI which was diversity.

Successes and Disappointments: My CSI kind of fell into my lap and the people that I was able to work with supported me every step of the way. It was a wonderful experience, some disappointments were that it could not last longer due to the timing of my trip.

Time Commitment: I completed all of my hours during a one month stay in Nicaragua.

Continuation: This project would be very difficult to continue in the following year. It was built between personal relationships and many of those people have already moved on.

Site: Marquette Ending Hunger

Student Fellow: Randi Boule  
Email: rboule@nmu.edu  
Phone: 906-236-3682

Site Advisor: Lauren Larsen  
Email: lalarsen@nmu.edu  
Phone: 248-924-7197

Description of Internship: Raising awareness about poverty and hunger.

Site: Marquette Junior Hockey-Lakeview Arena

Student Fellow: Dan Jemison  
Email: djemison@nmu.edu  
Phone: 248-245-0170

Site Advisor: Tim McIntosh  
Phone: 906-228-9193

Description of Internship: I’m coaching a bantam level hockey team, ages 13-14. A current week is about 3-4 days of games and practices, where I help with practice plans and strategies, to coaching from the bench during games and talking over strategies in the locker room in between periods.

Successes and Disappointments: Lots of success so far. The other coaches are fathers of some of the players. It can be difficult to really open up and discuss with an older individual or someone in an authority position like that. I’ve found that I’m like a mediator between the other
coaches and the players. I’m young enough to be able to relate to them where they feel comfortable talking to me about practices, games, etc., that they might feel uncomfortable bringing up on their own to one of the older coaches.

**Time Commitment:** Coaching any team would most likely require specific days, just because it’s necessary to organize with other squads or have a consistent time. We meet every Monday and Wednesday night for about 1.5-2 hours each time. During the weekends we normally have at least 2 games in one day, that can take up to anywhere from 4 hours to a whole day depending on travel. Peak season would be around Christmas time, lots of holiday tournaments going on, as well as after the New Year, tournaments in other states and in late February-March there are state playoffs as well. The benefit of being with a group of coaches, is that it’s a group - they understand you’re volunteering and if you need to miss a practice because of classes or can’t travel to some away games, they understand. Multiple times this season I’ve been fortunate enough to have a great group of coaches that actually offer rides to away games.

**Continuation:** I highly recommend continuing this project. All kids need solid mentors, and mentors that are young enough and young enough to understand their way of life and the ways they express themselves (i.e. social media). The only difficulty is these kids are at the age where next year most will be in high school, some may play for the high school team while for others, their hockey career may end. An option is just to contact Marquette Junior Hockey and get connected with any new team that season. New teams are always coming in and kids are moving up, and there is definitely a need for more coaches.

**Other Comments:** USA Hockey and the Michigan Amateur Hockey Association (MAHA) have put a lot of requirements on becoming a coach. Training modules, classes, and on-line courses must be completed to be eligible to coach in the start of the New Year. It will cost some of your own money up front as well, although USA Hockey and MAHA will reimburse once all necessary courses have been completed. Depending on your group of coaches, you may be needed to spend time outside of practice learning more about the game or creating practice plans to fill up an hour’s worth of ice time. All in all, you will definitely put in more than 100 hours over the course of the whole season, but very quickly you build a connection with the players, coaches and parents that really makes you want to see them grow and become not only better players but mature young adults as well.

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**Site:** Marquette Senior High School

**Student Fellow:** Trisha Larson  
trlarson@nmu.edu  
906-399-8594

**Site Advisor:** Kim Ketola/Kara Applekamp-highschool@mapsnet.org-906-225-5353

**Description of Internship:** My co-partner, Rachel and I, are helping lead the Z-club at Marquette Senior High School. We run the meetings and help the girls find volunteer opportunities, as well as relationship-building opportunities.
Successes and Disappointments: The club has become more organized. There have been more opportunities for the club members. Great attendance at meetings, but sometimes difficult to depend on others who are leading.

Time Commitment: The meetings are about three times per month for about an hour (Thursdays at approximately 2:25 p.m.). There are activities (volunteer and relationship building) outside of the meetings.

Continuation: My co-partner and I hope to continue this project. Our advisors tell us this is exactly what the club needed. Both advisors and Rachel and I, have a great desire to see this internship project to be continued.

Other Concerns: The only factor is that it takes some time and hard work, but it is worth it.

Site: Marshfield Youth Soccer Association

Student Fellow: David Cleveland dclevela@nmu.edu 715-207-2201

Site Advisor: Dennis Keffer

Description of Internship: I coached a 12 year old soccer team. We did drills and went to games in central Wisconsin.

Successes and Disappointments: I enjoyed the success of the team, but there were times where they were not playing up to their potential.

Time Commitment: It worked well around my schedule and I got to decide when to hold practices.

Continuation: If anyone lives in Marshfield, they are always looking for coaching help.

Other Comments: Not living in the area or a knowledge of soccer would keep you from doing this.

Site: Music for all Kids

Student Fellow: Jeff Maniko jmaniko@nmu.edu 906-360-6832

Site Advisor: Shane Murray shanemfak@gmail.com 906-235-5163

Description of Internship: Expose at risk kids and under deserved kids in the Marquette area community to music and the process and joy of music making through working with the Music for All Kids nonprofit program.
Site: Nature Conservancy

Student Fellow: Karli Cich  kcich@nmu.edu  651-373-6968
Site Advisor: Danielle Miller  ddmiller@tnc.org  906-225-0399

Description of Internship: My internship is mostly leading hikes and working on creating a document for future programs at the Echo Lake Nature Preserve. I have lead a beach clean-up, Biobliz (science day), and will be doing a series of cross-country skiing hikes at Echo Lake. On a day to day basis, I am contacting people for summer programs creating a portfolio of ideas for programs and creating my own PR.

Successes and Disappointments: My best achievement was my biobliz. I had a lot of interested students come and we had a great day at Echo Lake! The disappointment has been not really going out into the field to see the other sites the Nature Conservancy has, but that was mostly due to my busy schedule.

Time Commitment: They are very, very flexible and just require me to come in once a week during their office hours, basically at whatever time works for me.

Continuation: It is basically a make it your own internship, so it can definitely be continued. They really like to get people out to Echo Lake, so doing programs there is a great idea for a CSI!

Other Comments: No issues. The staff are very friendly and willing to any ideas you have.

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Site: Norlite Nursing Center

Student Fellow: Tiaira Porter  tporter@nmu.edu  313-333-0257
Site Advisor: Vanessa Miagza  906-228-9252

Description of Internship: Volunteer Coordinator at Norlite Nursing Center, oversee all of the volunteers and get them involved within the facility. Act as Activities Coordinator, planning activities that the residents would enjoy such as nail painting, bingo, picnics and movie nights.

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Description of Internship: My internship was largely possible through a connection my mentor had with my CSI supervisor. I proposed an independent research project to work on through the Governor’s office on higher education and workforce development in the U.P. I also had an opportunity when offered to attend meetings and go down to Lansing for two days to visit the office of the Governor and learn about other internships for the Governor’s office. I never had a typical day because I made my own hours, but most days consisted of checking in with Dave on my progress, researching, sending emails, compiling my report and sometimes attending meetings relevant to my project with Dave.

Successes and Disappointments: The successes I’ve had with my internship include being able to better understand how the government works with our communities. I also have made a lot of connections for the future and showed the Governor’s office how engaged Michigan’s young people can be. I was also able to prepare a report to hopefully help the Governor make decisions to better benefit the U.P. The only disappointment about my internship was that I didn’t have more time to spend at my internship site! I would have stayed and started an entirely new project if I could have.

Time Commitment: My days and hours were made by myself, which does require a lot of self-motivation and a level of personal responsibility for your project. The time commitment can vary by week depending on if there are a lot of events, meetings or opportunities offered to you to attend by Dave. Peak times are usually when people from Lansing, including the Governor and Lt. Governor, visit the U.P. This presents a lot of opportunity to be around these people and see what a day in their life is like, as well as connect with them.

Continuation: If you are a self-motivated person with a great independent project idea that you think could be lead with help from the Governor’s office, this project could be continued. This internship doesn’t get as much one on one time with the supervisor because Dave is very busy. Therefore, you have to be an independent worker and present a good idea to the office.

Other Comments: If you are interested in this internship, it would be very important to talk with me further about it. It is very different than most CSI experiences and you would need a connection to Dave in order to propose your idea to him. Please don’t hesitate to contact me if you are interested. Email me at efinkbei@nmu.edu.
Description of Internship: The internship being conducted with NMU’s English Learning Institute (NMU ELI) focuses on recruiting foreign students to NMU so that they may learn English and eventually gain admittance to NMU. My role in this program is to co-lead the Recruitment and Development Committee for the program so that the program may develop and grow. Usually, there is a R&D meeting once a week with the program’s director and other students such as myself. We discuss how to increase recruitment or acquire various resources (classrooms, education material, funds, and etc.) for the program.

Apart from the R&D Committee, I am also a Language Partner. My role is to aid foreign students with their studies while they are in the program. This involves being available to the student for academic and social support whenever I am needed. In my case, I developed a friendship with my student from South Korea, and we attended various school events and did studies together.

Successes and Disappointments: Thus far, I believe that my internship has been a success for everyone involved. For myself, I have learned how to organize groups and successfully work with individuals who are drastically different from myself. Also, my foreign exchange student mentee has benefited from his relationship with me because he has met new friends through me. Also, he was able to utilize me as a study resource as he prepared for and eventually passed NMU’s comprehensive English admittance exam to earn his acceptance to NMU. I am proud of him, and am humbled by my contribution to his success.

Time Commitment: My internship is flexible in that meeting times with the research and development committee for NMU’s English Language Institute and mentee meetings are variable. Each week, I usually spend one hour with the R&D Committee and a variable amount of time with my mentee depending on his academic and social needs at the time. However, meetings with my mentee are usually held at the library, and thus it is convenient for the both of us. Peak times in helping my mentee varied each week, and we worked out meeting times in accord to our schedules.

Continuation: NMU’s ELI program is at its early stages in student recruitment and program development. I see that it would be beneficial for the program if my position were to be filled next year by a SLFP member. I believe this role is important to the program because it facilitates the assimilation of the foreign students to the NMU community. This would be hard for the foreign students to do otherwise. In return, the SLFP students have the experience of working with diverse students while being in a personal and group leadership role.
Description of Internship: My internship consists of establishing and running the Student Renaissance Program, a student organization designed to serve as a resource for students wishing to make the most of their education through internally-motivated learning, connection with peers, and sharing and developing ideas and projects. The program is composed of regular meetings with individuals wishing to be involved in its management and direction, production of specific presentation, workshop, or discussion events that are desirable to participant students or used to give students an opportunity to present to their peers, and potential larger events, including hopefully a faculty discussion panel later this year.

The day to day of this internship involves a lot of planning, teambuilding, and reaching out to motivated students, speakers, and fellow student organizations to coordinate events and other projects, as well as time spent dealing with associated paperwork and logistics.

Successes and Disappointments: The program has met with measured success in its first two major sessions. Attendance has been disappointing, but momentum is building and I have learned a lot from the process so far. The immediate next step is to build a larger team to more effectively meet the needs of producing high quality, inclusive events for students and to explore other options and potential facets of the program that may be valuable to engender student community and collaboration.

Time Commitment: This internship does not generally require attendance or work on specific dates, besides regular and scheduled meetings. The time commitment varies greatly from week to week as events are planned, produced, and held. Generally the weeks just before an event have the most work and time commitment, though there is usually something to be done each week.

Continuation: Absolutely. The Student Renaissance Program will be most effective as a continually growing and developing organization.

Other Comments: Involvement in the program prior to assuming its direction is highly recommended, to allow prospective student leaders the opportunity to become familiar with its organization, philosophy, and network.
Site: North Star Academy
Student Fellow: Justin Berkel  jberkel@nmu.edu  906-204-6943
Site Advisor: Stephanie Abata

Description of Internship: Reinforce and grow North Star’s basketball team.

Site: Reach and Rise™ Youth Mentoring Program Intern-YMCA
Student Fellow: Genevieve McKenna gmckenna@nmu.edu  773-369-7880
Site Advisor: Melissa DeMarse mdemarse@ymcamqt.org  906-227-9622

Description of Internship: I intern with the Reach and Rise Program™ of Marquette County. It is a youth mentoring program that matches struggling youth with a positive adult role model. On a typical day, I aide with administrative tasks, help organize events for all of the mentors, mentees, and parents to come together, work on recruitment efforts for the program and sit in and help in meetings with program members and the Program Coordinator, Melissa.

Successes and Disappointments: A disappointment of my CSI was that my original CSI fell through and ultimately failed. I really only started working with Melissa at the YMCA in October after my new student organization, IMPROV, failed. This was because my vision for the community outreach of the organization was not shared by the majority of the members. A success of my new CSI was that I helped recruit and train 7 new mentors into the program who will eventually have a huge impact on 7 kids in the community.

Time Commitment: I usually go to the YMCA on Friday afternoons from 12:00-5:00 p.m., as well as making it to special events.

Continuation: The internship can definitely be continued. The program is nationally practiced, and all the responsibility falls on the shoulders of the Program Coordinator. The amount of pairs (mentor and mentee) is currently 16 at and is hoped to double within the next year, so recruitment and training efforts are needed.
Site: Salvation Army-Ishpeming

Student Fellow: Brianna Bliese  bbliese@nmu.edu  920-660-0514
Site Advisor: Captain Stephen Hansen;  Stephen_Hansen@usc.salvationarmy.org  906-486-8121

Description of Internship: I answer phone calls and work with Liz, who is the office manager, to help things run more smoothly. As families of need come in, I distribute food boxes to them and help them carry things to their car if they need. Right before school started, we had a huge project of collecting back packs for families of need and filling them with school supplies. I was going to work with Liz on coordinating Vacation Bible School, but was unable to do that due to my class schedule.

Successes and Disappointments: Not being able to do the Vacation Bible School was my biggest disappointment. I was very excited to work with kids, but unfortunately the week of VBS is during our first week of classes. The biggest success is getting to meet the awesome people at Salvation Army and knowing that you get to help families in need and seeing the appreciation and gratitude on their face.

Time Commitment: They appreciate you whenever you are able to come in. I went in about once a week in the summer for a few hours. They were busy with back to school back packs and VBS and then they get very busy again during the Holiday season. They are very flexible with commitment and time!

Continuation: This can definitely be continued. It’s not really a “project”. The Salvation Army will always need help!

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Site: Sandy Knoll Elementary

Student Fellow: Lizzy Owens elowens@nmu.edu  630-991-1344
Site Advisor: Heidi Dougan hdougan@mapsnet.org  906-225-4281

Description of Internship: For my CSI, I run a Special Olympics Young Athletes Program that teaches students with intellectual disabilities pre-sports skills so that they can compete in the Special Olympics and have more control over their bodily movements.

Successes and Disappointments: We have been able to expand the program this year and got a time during the school day so that more students can be involved which was a huge success. We do not always have as much time as we would like, but besides that the program has grown very much over the past two years.

Time Commitment: My supervisor and I have set up a time to meet each week for about two hours, during which Young Athletes takes place. I spend about 5 hours a week on the program.
Continuation: This project could be continued next year, everything is in place and could easily be continued. I would love to see it keep going and would continue it myself if I would still be in the area.

Site: Southern Conservation Land Trust

Student Fellow: Matthew Lewis mattlewi@nmu.edu 678-588-9963
Student Fellow: Chandler Countryman ccountry@nmu.edu 678-333-5065
Site Advisor: Pam Young p.young@sctlandtrust.org 770-846-4730

Description of Internship: Maintain the nature areas by maintaining trails, picking up trash, building and staining picnic benches or gazebos and many other things required to keep the nature areas up and running.

Site: Supporting Camp Russell

Student Fellow: Aryelle Hansen arhansen@nmu.edu 815-761-7045
Site Advisor: Connie Handel cahandel@illinois.edu 815-784-2000

Description of Internship: Summer camp, grant writing and interacting with patrons and enhancing passive programming in the form of bulletin boards.

Site: The Wildlife Society’s Midwest Student Conclave at Bay Cliff Health Camp

Student Fellow: Shaley Valentine shaleyvalentine@gmail.com 906-362-7018
Site Advisor: Dr. John Bruggink jbruggin@nmu.edu 906-227-2342

Description of Internship: This was a weekend for wildlife students from across the Midwest to come to Bay Cliff and participate in hands-on seminars and workshops on various wildlife research techniques and presentations. This included a field techniques competition and a quiz bowl. I planned some of the speakers and workshops, contacted workers at Bay Cliff and organized the field techniques and quiz bowl competitions. During the conclave I organized the different events and made sure that everyone knew where they were supposed to be.

Successes and Disappointments: I learned how to effectively communicate with people especially under stressful conditions. I also realized how difficult it is to plan an event: things tend to work out in the end but there are numerous hiccups along the road. There was a problem with students from other schools partying on Bay Cliff’s campus during the Conclave which had to be resolved with the help of Bay Cliff staff.
**Time Commitment:** I could plan the conclave whenever I had free time but the entire weekend of the Conclave was spent at Bay Cliff Health Camp and included early morning and late nights planning and organizing everything.

**Continuation:** This project will not be able to be continued during the next few years. Perhaps in 5+ years, the Conclave could be hosted by NMU again.

**Other Comments:** It would be best to choose another site other than Bay Cliff Health Camp because of how other college students disobey rules.

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**Site:** The Yellow Dog Watershed Preserve (Office) Big Bay, MI

**Student Fellow:** Xavier Donajkowski  
-xdonajko@nmu.edu-  
989-590-2622

**Site Advisor:** Melinda Otto  
-mindy@yellowdogwatershed.org-

**Description of Internship:** My job with the Yellow Dog Watershed Preserve was to act as a crew leader and data collector for both the CLMP (Cooperative Lakes Monitoring Program) on Lake Independence and stream monitoring on the Yellow Dog and Salmon Trout rivers. As one of two data collectors on Lake Independence, it was my job to sample the lake from a motor boat weekly, using a GPS to navigate to the deepest part of the lake and using various tools (secchi disc, dissolved oxygen meter, etc.) to measure and record factors that indicate water quality. I collected water samples and learned how to prepare the samples (DNA, Phosphorous, etc.) to be sent to a CLMP lab. As a crew member and leader for the stream monitoring program, I met several times per week at the office with a group of 1 to 3 volunteers. We used instructions and a GPS to navigate to one of the 16 monitoring sites, where we collected pages of data including stream depth, velocity, and temperature, and recorded qualitative observations such as canopy cover and embedment. Finally, we used waders, a large net, and a bucket to collect macroinvertebrates from the stream bed and banks, identified the species, and recorded this data. All of the records are used to judge the health of the river.

**Successes and Disappointments:** I did not have many disappointments with this internship. I was able to help complete the 16 sites throughout the summer and built relationships with the area and with fellow volunteers. I left Marquette in July and was not able to complete the entire lake monitoring program (which runs through August), which I would have changed. It was carried on by a fellow volunteer, but I would have liked to have been there from start to finish.

**Time Commitment:** Each lake monitoring session took two hours to complete at the very most. This was done according to a schedule created by the CLMP and the YDWP, and worked out to be about one time per week over a 4 month period. The stream monitoring was more demanding in terms of time, travel, and exertion. Each of the 16 sites must be tested 2 times over a 2 month period. Volunteers can specify how many sites they wish to be responsible for, and the YDWP staff will come up with a schedule for monitoring based on when the data should be collected. Each site can take up to 6 hours to complete, depending on the distance from the office, stream
conditions, and the size of the crew. Some sites require that volunteers walk (up to a mile) to the river bank carrying equipment (waders, nets, buckets, and sampling tools). This CSI must be completed during the summer. I chose as many sites as I could during the summer program, and was easily able to complete my 100 hours with the lake and stream monitoring. The days can be strenuous (prepare for mosquitoes) but are always new and exciting.

**Continuation:** I am continuing with the Yellow Dog Watershed Preserve as a volunteer and crew leader. The program is established and will continue with or without a continuation of my particular role, but the Preserve is always in need of volunteers and crew leaders. I would recommend that the project be picked up by another SLFP member, as the program would benefit from a committed leader.

**Other Comments:** Student fellows must be in Marquette or Big Bay for the entire summer in order to complete this CSI, unless he or she would like to obtain hours outside of the stream and lake monitoring program. The job required a lot of travel and physical work, but I consider it to be the single most influential experience in my college career and personal growth. To student fellows seeking a CSI, I highly recommend a partnership with the YDWP.