CANCELLATION/REFUND POLICY
All refund requests must be made to Northern Michigan University to the address below within 10 days of the conclusion of the meeting. Refund requests not received within 10 days will not be processed. No refunds will be processed on site. Refunds will be made within 30 days after receipt. There will be a $10 cancellation fee.
Monday  July 28

8:00 – 8:50 a.m.
On site registration and Breakfast Buffet
(included in conference fee)

8:50 - 9:00 a.m.
Welcome and Housekeeping

9:00 – 9:50 a.m.
Julie Rochester  MS, ATC
The Rehabilitation Team

10:00 – 10:50 a.m.
Chris Kirk  MS, ATC
Ultrasound - Today’s application

11:00 – 11:50 a.m. OPEN

11:50-12:50 p.m.
Lunch – Wildcat Den
(included in conference fee)

1:00 – 1:50 p.m.
Kimberly Spranger  MPST
The Art and Science of Kinescope

2:00 – 2:50 p.m. OPEN

3:00 – 3:50 p.m.
Joe Susi  MS, ATC
When an Ankle Sprain is not an Ankle Sprain
- Os Trigonum Case Study

4:00 – 4:50 p.m.
Jim Winkler
Sports Hernia - Return to Play Criteria

Monday  After Hours

UP Athletic Trainers Meeting TBA

Tuesday  July 29

8:30 a.m.
Continental Breakfast
(included in conference fee)

9-9:50 a.m.
Dr. Bryan Dixon  (Keynote)
Tendinopathy: Turning Paradigm Shift into Practical Therapy

Break out #1
10-12 noon
John Phillips
Rotator Cuff Evaluation and Rehabilitation

Breakout #2
10-12 noon
Maggy Moore  MS, ATC
Muscle Energy Techniques - Thorax and Ribs

Breakout #3
10-12 noon
OPEN

This Symposium is approved for 10 Continuing Education Units for Certified Athletic Trainers.
(BOC Approved Provider # P2805)

Questions?
Call Professor Julie Rochester
906-227-2026

Registration

How to register:

1. Credit card registration may be made by contacting Continuing Education by phone:
   906-227-2103, fax: 906-227-2108, or by mail: Northern Michigan University,
   Continuing Education –Sports Symposium, 1401 Presque Isle Ave, Marquette, MI 49855.

2. If payment is made by check, please make it payable to Northern Michigan University
   and mail to the above address. Registration must include payment.

Presenter Bio’s and additional information will be available at: www.nmu.edu/ce
Presenter biography

J. Bryan Dixon MD
Bryan is board certified in Sports Medicine and Family Medicine. His practice centers on the comprehensive medical care of athletes, including non-operative orthopedics. He is a graduate of Michigan State University School of Medicine and the Marquette General Hospital Family Medicine Residency. He has recently returned to Marquette following his sub-specialty training in sports medicine through the South Bend Sports Medicine Fellowship. There he provided daily care to over 500 Division I athletes as the Sports Medicine Fellow and Assistant Team Physician for the University of Notre Dame. He has also served as a team physician for USA Weightlifting at national and international levels. He has published and presented to national audiences on a wide range of topics from muscle and tendon disorders to mountain biking and ice hockey. He is an active author for the on-line medical resource, “Up-to-Date.”

Kim Spranger MSPT
Kim Spranger currently is the director of Physical Therapy for Marquette General Health System as well as an active clinician. She earned a master’s degree in Physical therapy from DesMoines University in 1992 and a master’s in Exercise science from University of Iowa in 1990. As a physical therapist, she has practiced in a variety of settings including acute care, industrial rehab, outpatient orthopedics and home health. She has specialized in the treatment of cancer patients and the treatment of lymphedema. She became certified in the use of Kinesotape in 2004. She has used it successfully in the treatment of muscle facilitation and inhibition as well as for mechanical correction and edema reduction.

Joe Susi MS, ATC
Joe graduated from Ohio Northern University with a degree in health and physical education and sports medicine. At Indiana University he worked with baseball, men’s swimming and diving and football teams. At Lima Memorial Hospital he worked in the outpatient clinic, provided outreach services to Spencerville High School and organized a summer clinic for athletic training students. When Joe moved to Sault Ste. Marie, Michigan in 1992 to work at Lake Superior State University he was the only Certified Athletic Trainer. He was a member of LSSU’s 1994 National Championship Hockey Team and is currently the Program Director of LSSU’s CAATE Accredited ATEP. Joe has volunteered with the U.S.O.C. by working Junior Olympic Boxing and Short Track Speed Skating in Marquette and has traveled to Rome with the U.S. Paralympic Judo Team. He has given numerous talks for USA Hockey and traveled with the U.S. under 18 team to Lake Placid and Finland.
Marguerite Moore  
MS, ATC  
Maggy is an Adjunct Instructor at Northern Michigan University. She teaches classes in the Athletic Training Education Program at NMU. Maggy received her Bachelors in Athletic Training from Northern Michigan University in 2001. She received her Master of Science in Athletic Training from California University of Pennsylvania in 2003. She is currently a doctoral student at Michigan State University pursuing a double major in Athletic Training and Growth and Motor Development, with an outside cognate in Epidemiology. She is ABD and is currently working on her dissertation related to neurocognitive deficits following migraine headaches.

Jim Winkler  
Winkler is entering his seventh season as the coordinator of athletic training for the Northern Michigan University Athletic Department. Directly responsible for all sports medicine needs of the student-athletes, Winkler primarily works today with the Wildcat ice hockey and football teams, while overseeing two full-time assistant athletic trainers.

Winkler returned to NMU in August of 2001 after working the 2000-01 academic year at Wayne State University in Detroit, Michigan, where he was an assistant athletic trainer with the men’s and women’s ice hockey, football, baseball, and women’s volleyball teams. Prior to his appointment at Wayne State, Winkler was a staff athletic trainer at Greater Flint Sports Medicine.

The native of Gaines, Michigan, earned a bachelor’s degree in health and fitness management from NMU in 1998. Following his National Athletic Trainer’s Association certification in May of 1998, Winkler served as a graduate assistant athletic trainer at NMU from 1998-2000. He received his Master of Science degree in exercise science in 2000 from NMU.

Chris Kirk  MS, ATC  
Kirk has more than twelve years of experience as a certified athletic trainer and ten years experience as an educator. He has worked in a sports medicine clinic, a junior college, and at various universities with NCAA Division I and II athletics programs. His career as an educator began as a part-time instructor at St. Louis Community College-Meramec. He became a full-time faculty member at Lake Superior State University in 1997, and assumed the role of program director of athletic training education at LSSU in 2002. In 2005, he accepted a faculty position at Northern Michigan University and took on the role of Clinical Coordinator for the NMU athletic training program.

Kirk’s educational preparation includes a Bachelors of Science degree in athletic training from Indiana State University and a Master of Science degree from Miami University. He is currently pursuing a doctorate of philosophy in educational leadership from Western Michigan University.
Julie Rochester, MS, ATC

Rochester is a tenured Associate Professor at Northern Michigan University. She is the Director of the Athletic Training Education Program at NMU and the assistant to the Chair of the Department of Health, Physical Education and Recreation. Julie received her Bachelors degree in PE and Athletic Training from Springfield College in Springfield, MA in 1988. She received her Master of Science in Exercise Science from Northern Michigan University in 1995. She is currently a doctoral student at the University of Phoenix where she is pursuing a degree in Educational Leadership. She plans to complete her dissertation related to leadership and job satisfaction in athletic training in the near future. Julie has been a member of the Northern Michigan University Academic Senate for 6 years and currently sits on the Senate executive committee. In addition, she is a member of the university Athletic Council and has recently been named the incoming NCAA Faculty Athletic Representative for her university by the university president. Julie formerly served as a member of the NATA (National Athletic Trainers Association) Secretary/Treasurers Committee. She is the former Secretary of the Great Lakes Athletic Trainers Association – a position she held for 6 years, and the former Co-Chair of the MATS Professional Education Committee. Currently Julie is the President Elect of the GLATA and will become the GLATA President in March of 2008. Julie is an active member of various local community organizations including Michigan’s Chapter of SafeKids, which focuses on the prevention of brain and spinal cord injury in children.

John Phillips

(Bio to come)