No more prisoner-of-war food –
No more promoting frybread as traditional food

No more one-step-from-starvation food –
LESS frybread helps = better health

Frybread is one contributing factor to high rates of diabetes and health problems in Indian Country.

No more prisoner-of-war food –
No more portraying frybread as traditional food

No more one-step-from-starvation food –
LESS frybread helps = better health
Fry bread is not traditional. Four of the top ten leading causes of death for American Indian/Alaska Native populations could be circumvented with a healthier, more traditional diet. 

#1 - Heart Disease, #4 - Diabetes, #7 - Stroke and #10 - Nephritis (enflamed kidneys)

Source: http://www.cdc.gov/minorityhealth/populations/REMP/aian.html#10

Less frybread could = less commod bod

According to the US Department of Health & Human Services, the percentage of American Indian adults who were obese in 2010 was 39.4 percent compared to 24.3 percent for non-Hispanic White people.

Source: http://minorityhealth.hhs.gov/templates/content.aspx?ID=6457

Frybread contributes to these disproportionate statistics.

Less frybread could = less commod bod
Over 80% of American Indian/Alaska Native adults ages 20 to 74 are overweight or obese

Restore more traditional foods
Eat fewer commodity foods, like fry bread