Potential Careers

NMU’s Athletic Training Program prepares students for employment in the following careers:

Occupations
- Amateur Sports Team Athletic Trainer
- Athletic Training Clinical Instructor
- Athletics Training Professor
- Clinical Athletic Trainer
- Collegiate Athletic Trainer
- Hospital Rehabilitation Athletic Trainer
- Hospital/Clinical Outreach Athletic Trainer
- Industrial Athletic Trainer
- Performing Arts Athletic Trainer
- Professional/Semi-Professional Sports Team Athletic Trainer
- Sports Medicine Trainer

Additional Resources and Info

For Career Planning and Opportunities:
- Academic & Career Advisement Center
  3302.1 C.B. Hedgcock
  906-227-2971
  www.nmu.edu/acac

- School of Health and Human Performance
  201 PEIF
  906-227-2130
  www.nmu.edu/hhp

For Job Search, Resume and Career Information:
- Career Services
  3302.3 C.B. Hedgcock
  906-227-2800
  www.nmu.edu/careers

For Information about NMU Student Organizations Associated with this Major Contact:
- Center for Student Enrichment
  1206 University Center
  906-227-2439
  www.nmu.edu/cse

- Health Promotions Society
  http://myweb.nmu.edu/~hps/HPIndex.htm

- Student Athletic Training Organization
  http://nmu-sato.weebly.com

Internet Resource Links:
- www.careers.org
- www.careerresource.net

For Career Information with National Organizations:
- www.nata.org National Athletic Training Association

Current as of Fall 2015

Provided by:

The Academic & Career Advisement Center
The Athletic Training major at Northern is designed to prepare and qualify students to take the Board of Certification Exam in Athletic Training. Upon obtaining certification, students will be qualified entry level athletic trainers. An Athletic Trainer is an allied health care professional capable of treating a multitude of populations.

Athletic Trainers work primarily with athletes. As part of their job duties, they evaluate injury, prevent athletic injury, administer immediate emergency care, design treatment programs and rehabilitation for injured individuals, and they ensure constant communication between the injured athlete, physician and coach. Athletic trainers usually work in settings such as high schools, colleges, sports medicine clinics, rehabilitation centers, professional sports teams and even retail industries.

### Skills and Competencies

The Athletic Training major has a very specific curriculum that fully prepares students for the profession. There are some special skills that athletic trainers should possess (organizational skills, strong decision-making abilities, good leadership skills and strong communication capabilities). These skills, in addition to others relevant to the workforce, will be enhanced through course work in the major.

### Course Work

This degree includes the following courses as part of the program requirements, and specific major requirements along with liberal studies and graduation requirements.

#### Core

- ATR 110 Introduction to Athletic Training (1 cr.)
- ATR 125 Emergency Care for the Health Professional (2 cr.)
- ATR 201 Pathology and Pharmacology for the AT (2 cr.)
- ATR 241 Prevention and Care of Athletic Injury (3 cr.)
- ATR 292A Introduction to Practicum I (2 cr.)
- ATR 292B Introduction to Practicum II (2 cr.)
- ATR 320 Adv. Assess. Tech in AT I (Lower Quad) (4 cr.)
- ATR 321 Adv. Assess. Tech in AT II (Upper Quad) (4 cr.)
- ATR 360 Therapeutic Exercise & Rehabilitation Tech (4 cr.)
- ATR 380 Therapeutic Modalities (3 cr.)
- ATR 392A Intermediate Practicum I (3 cr.)
- ATR 392B Intermediate Practicum II (3 cr.)
- ATR 410 Athletic Training Policies and Procedures (2 cr.)
- ATR 490 Seminar in Athletic Training (2 cr.)
- ATR 492A Advanced Practicum in Athletic Training I (4 cr.)
- ATR 492B Adv. Practicum in Athletic Training II (4 cr.)
- BI 201 Human Anatomy (3 cr.)
- BI 202 Human Physiology (5 cr.)
- HL 101 Medical Terminology for Health Educators (1 cr.)
- HN 301A Nutrition for Health Professions I (2 cr.)
- ES 315 Physiology of Exercise (4 cr.)
- ES 317 Anatomical Kinesiology (3 cr.)
- ES 470 Psychological Aspects for Athletic Performance (3 cr.)

#### Other required courses

- HL 460 Human Disease Education (4 cr.)
- CH 105 Chemical Principles (4 cr.) or
  - CH 111 General Chemistry I (5 cr.)
- PY 100 Psychology as a Natural or Social Science (4 cr.)

Detailed course descriptions can be found at [www.nmu.edu/bulletin](http://www.nmu.edu/bulletin).

### Job Outlook

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### Additional Considerations

A level of education beyond a baccalaureate degree may be necessary for some of these positions.

Take advantage of any internships or work experiences, they will greatly increase your chances of employment.

You should begin the resume-building process as soon as you can. The Academic and Career Advisement Center can assist you with career planning, while Career Services will help you fine tune your resume and look for jobs related to your field. In the meantime, the more hands-on experience you have, the better the chances are that you will find a job. Becoming involved in a professional related internship is a way to develop your professional skills and gain experience. Your academic course work is important as well, so be sure to maintain a high grade point average.